

CH Rental Park, Sala C - Fitness

Godz.	Pn	Wt	Sr	Czw	Pt	So	Nd
09:00	ABT & STRETCH Magda J.			POWER PUMP Magda J.		TBC Alina	
09:30					Pilates Magda W.		TIGER FIT Sandra
10:00						BS & STRETCHIN Alina	
10:30							POWER PUMP Sandra
17:30			TBC Magda J.				
18:00	PLASKI BRZUC Asia N.	BS Pawel		TIGER FIT Alina	POWER PUMP Sandra		
18:30			POWER PUMP Magda J.				
19:00	POWER PUMP Asia N.	STEP & SHAPE Pawel		PLASKI BRZUCH Alina	30/30 Sandra		
19:30			STRETCHING Magda J.				
20:00	ZDROWY KREGO Asia N.	JOGA Dorota W.		BS & STRETCHI Alina	TIGER CROSS Maciek		
20:30			TIGER CROSS Maciek				