

## CH Manhattan, Sala A - Spinning

| Godz. | Pn               | Wt                    | Sr                  | Czw                | Pt                | So                 | Nd               |
|-------|------------------|-----------------------|---------------------|--------------------|-------------------|--------------------|------------------|
| 08:00 | HEE<br>Seba      |                       |                     |                    | HEE SHAPE<br>Seba |                    |                  |
| 08:15 |                  |                       | HEE SHAPE<br>Tomek  |                    |                   |                    |                  |
| 10:00 |                  |                       |                     |                    |                   | HEE<br>Seba (1.5h) |                  |
| 11:00 |                  |                       |                     |                    |                   |                    | HEE<br>Sebastian |
| 15:00 |                  |                       |                     |                    |                   | HEE<br>Seba        |                  |
| 17:30 | HEE SHAPE<br>Ewa | HEE SHAPE<br>Patrycja | HEE<br>Ola P.       | HEE<br>Luiza       |                   |                    |                  |
| 18:30 | HEE<br>Ewa       | LEE<br>Patrycja       | HEE SHAPE<br>Ola P. | HEE SHAPE<br>Luiza | LEE<br>Tomek      |                    |                  |
| 19:30 | LEE<br>Mateusz   |                       | HEE<br>Natalia      |                    | HEE<br>Tomek      |                    |                  |
| 20:00 |                  |                       |                     | LEE<br>Sebastian   |                   |                    |                  |