

Przymorze, Sala Fitness

| Godz. | Pn | Wt | Sr | Czw | Pt | So | Nd |
|-------|--------------------------|-------------------------|-------------------------|--------------------------|-------------------------|------------------------|--------------------------|
| 09:00 | 30/30 Robert | TIGER FIT Emilia | KETTLEBELL Robert | BS Aneta | PLASKI BRZUCH Aga Z. | 30/30 Aneta | |
| 10:00 | TIGER FIT Robert | | | | | PLASKI BRZUCH Aneta | TBC Ola O. |
| 11:00 | | | | | | | PILATES&STRETC Ola O. |
| 17:00 | FIT BALL Ola O. | BS Robert | | | | | |
| 17:30 | | | TBC Milena | | | | BS Justyna |
| 18:00 | TBC Ola O. | STEP Robert | | | PLASKI BRZUCH Aneta | | |
| 18:30 | | | 30/30 Milena | POWER PUMP Emilia | | | |
| 19:00 | TIGER FIT Aga Z. | ZDROWY KREGOS Robert | | | TIGER FIT Aneta | | |
| 19:30 | | | PLASKI BRZUCH Milena | STEP FUNCTIONA Emilia | | | |
| 20:00 | PILATES & STRE Aga Z. | TIGER CROSS Tomek | | | STRETCHING Aneta | | |
| 20:30 | | | | TIGER CROSS Marcin | | | |